

Registration for 8 Week Training in Mindfulness Based Stress Reduction (MBSR)

Name:

Mail Address:

Email Address:

Phone:

I would like to register for the next scheduled MBSR training.

I cannot attend this training but would like to be notified of future training dates.

I am interested in being contacted with additional information about training in MBSR.

Preferred method of contact:

Email

Phone

To register for training, complete this form and mail it with a \$100.00 deposit to : Craig Schollenberger
PO Box 8597
Reading, PA 19603-8597

A confirmation of receipt of deposit and training dates will be sent by email to the address you provide.

